

Rabia Khan, LPC
Informed Consent & Authorization for Services

Welcome. I look forward to working with you and hope our work together is a time to learn, grow and heal. Before we begin working together, there are a few things you should know. First, I am Licensed Professional Counselor licensed by the Georgia Composite Board. I received my Master of Arts in Counseling from the Georgia State University College of Education, following my Bachelor of Arts in Psychology from Emory University. I completed additional supervised training under the mentorship of world renowned Mandala Art Therapist, Susanne Fincher, LPC.

My intent is that our work together will support your physical, mental and spiritual growth. The goals of therapy will be defined by YOU. We will agree upon a plan for treatment. The success of therapy and an improvement in your well being depends upon your investment in the therapy process. Successful clients share a few things. They recognize therapy requires work on their part & take personal responsibility. They apply therapeutic lessons to their lives outside of therapy resulting in lasting change. They have a willingness to be uncomfortable and take emotional risks.

If a situation arises that needs immediate attention or is life threatening, please dial 911, or have someone drive you to a hospital emergency room. If you need to speak with me between sessions, please call the office number at 678.777.5479. Your call will be returned within two business days. I set aside office hours weekly to return texts, emails and phone calls. I care about your well being and do my best to address issues in a timely fashion. If you have concerns, please bring them to me first. If your concerns are still lingering, you may also address your concerns to the Georgia Composite Board.

FEE STRUCTURE

90 Minute Intake Assessment	\$150	60 Minute Telehealth Session	\$150
40 Minute Therapy Session	\$100	90 Minute Skype Session	\$200
60 Minute Therapy Session	\$150	120 Minute Skype Session	\$250
90 Minute Therapy Session	\$200	30 Min Phone Follow Up	\$35
120 Minute Therapy Session	\$250	Requested Paperwork	\$25

Cash, Check, or Credit Card are acceptable forms of payment. There is a 3% Service Fee added for Credit Card Payments.

*** \$50 Fee for Same Day Cancellation**

I understand that all information disclosed within sessions and the written records pertaining to those sessions are confidential and kept secure. I understand the information may not be revealed by anyone without my written permission, except where disclosure is required by law, to include the following exceptions - If I indicate I intend to harm myself or anyone, if Rabia receives a court order and/or subpoena and if Rabia suspects child abuse & neglect, or any adult being abused.

I consent to a release of confidential information so that my counselor may consult another care provider, such as a medical doctor, psychiatrist, or a new counselor. I authorize the use of any medical information necessary. I consent for the counselor to contact me by phone or email, including leaving a message via answering machine or voicemail. I give permission for the therapy to be received and accept responsibility for all fees incurred.

Client Signature

Date

“The journey of a thousand miles begins with a single step (Lao-Tzu).” Let us begin your journey.

**Rabia Khan, LPC
Intake Form**

Name _____ D.O.B. _____ Age _____

Name _____ D.O.B. _____ Age _____

Name _____ D.O.B. _____ Age _____

Home Address

Phone Number _____ May I Send a Text Message? Yes No

Email _____

Reasons for Seeking Therapy & Previous Dates/Names of Therapists:

Referred By _____

Which areas would you like to address? Please circle all that apply.

- | | | | |
|---------------------|-----------------------|------------------|--------------------|
| Anxiety/Nervousness | Mood Swings | Financial Issues | Paranoia |
| Depression | Panic Attacks | Career Concerns | Sexuality Concerns |
| Drug Addiction | Suicidal Thoughts | Academic Issues | Gender Identity |
| Alcohol Addiction | Family Conflict | Self Esteem | Spirituality |
| Anger | Parenting Issues | Body Image | Phobias |
| Death & Loss | Co-Parenting Concerns | Anorexia | Trauma |
| Medical Issues | Divorce/Separation | Bulimia | Loneliness |
| Sleep Disturbances | College Planning | Food Addiction | Abuse |